

MY *Life* ON PURPOSE


Bloom BUSINESS
DEVELOPMENT

Hi, I'm *Lisa*

My superpower is showing people how to make more money and have more fun.



I believe we all need to get crystal clear about what we want in this life and to take the consistent, deliberate action to make it happen.

I believe that we get as we give.

Use this sheet as a support tool to make your change happen. Is it easy? Heck no. But nothing worth having ever is.

I am sending you a virtual high-five for putting your hand up for change.

I started Bloom Business Development in 2009 to support real change at the micro-business level and be a part of their legacy as they turn passion into purpose + profit.

I am open-minded, tenacious, generous and encouraging with a quirky sense of humour and a love of the outdoors, Indian Cuisine, natural living and neuroscience.

As a certified coach, educator, speaker and workshop leader, I specialize in business development coaching for service based business owners. I bring an unshakeable faith to my work, delivered with a zesty dash of intuitive motivation and a double shot of growth mindset.

Your time is now!



For daily inspiration, tips and empire building motivation, follow me on Instagram @[BloomLisa](#)

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CONGRATULATIONS!

You have taken a GIANT LEAP towards living your life on your terms. I want you to celebrate this massive momentum ... you can schedule your plans on your first weekly planner (see page 4)!

It is time to take control of your schedule, your life and your happiness.

- › Do you feel like you are being pulled in too many directions while never finding the time to do the things that allow your soul to sing?
- › Or how about spending time with your sweet peeps who make you laugh until you cry?
- › Or how about the courage to leap outside of your comfort zone and achieve new incredible goals?

You aren't alone.

It all starts with YOU sharing your unique gifts strategically and consistently; which is why I am sharing this essential tool that produces massive results with YOU.

There is only ONE CATCH, you have to use it!

Like all effective tools, my planner is simple and easy to use.

If creating new habits was easy, we would live in a very different world. Commit to using this planner for just **4 weeks** and watch your consistency and bottom-line bloom like a flower.

The ***My Life on Purpose*** Weekly Planner is a tool to keep you on YOUR track to success as you create new habits for work, life and play.

READY, SET, BLOOM!

Follow these simple steps to create a massive explosion in your empire (we all have one!).

1 Print four copies of pages 4 & 5 or use as a fillable document.

2 Update daily when you start **and** end your work day.

3 Repeat weekly & up-level in every area of your life.

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In a word, my intention for this week is:

For my health and wellness I will:

To be present I will:

To contribute real value to someone's life I will:

CLARITY + CONSISTENCY = EMPIRE BUILDING

My three priorities this week:

1 _____ 2 _____ 3 _____

It would be nice if I could:

1 _____ 2 _____ 3 _____

My deadlines & projects this week:

1 _____ 2 _____ 3 _____

Juicy bonus task:

I create new space in my world by organizing:

Even though it feels scary, I commit to this bold action:

WEEK AT A GLANCE



One day you will *wake up* and there won't be any more time to do the things you've always wanted. *Do it now.*



PAULO COELHO

TINY HABIT ANCHORED TO AN EXISTING ACTION

Example: **After** I sit down at my workstation, **I will** open up this workbook.

| | |
|---------------------------|-------------------------|
| After I (existing habit): | I will (new behaviour): |
|---------------------------|-------------------------|

DAILY TRACKER

Hold yourself accountable! Write down your daily non-negotiable task and something you are grateful for, then tick off your habits each day. #keepgoingkeepgrowing

Write Your Own:

| | Today I completed: | This made my day great: | Took Regular Short Breaks to Stay Fresh | Morning/ Evening Routine | Checked Msgs on a Schedule | Expressed Appreciation Today | |
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To make next week **even better** I will:

Weekly Score 1 - 10

Used my Daily Tracker